

Korrekturhinweise

Power woman Aliann Pompey

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Begründungen

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The speaker says: "And she's an Olympian. Right now Pompey, who's 34 years old, is getting ready for her fourth trip to the Olympics, where she'll run the 400 meters for Guyana. She trains six days a week. Oh, and she's the director of the Armory College Prep Program." According to the interviewer, Aliann Pompey is therefore currently preparing for a special event.

1

The speaker says: "I can tell you a long list of people that think I'm absolutely nuts for doing that." For taking on extra work, Aliann is therefore considered to be crazy.

2

The speaker says: "The Armory College Prep is a non-profit that helps high school track and field athletes get into college. They're from about 30 high-needs schools close to The Armory Foundation's New Balance Track and Field Center in Manhattan, where the prep program is held. Pompey fundraises, works with teachers, mentors students and manages a small staff." The project Aliann is involved in therefore encourages teenagers to benefit from educational opportunities.

3

The speaker says: "Both of them give me a lot of joy, you know, and on both sides of my life, there is something that makes me happy. There's something to look forward to in both, so it keeps me balanced that way." Therefore, Aliann explains that the work she does means a lot to her.

4

The speaker says: "In the Manhattan College gymnasium, Pompey jogs beneath rows of emerald green banners and next to a scrimmage of some foul-mouthed ball players. Their scrimmage is getting heated, but she doesn't seem to mind. Listen to how controlled her breathing is." In the gym, the interviewer therefore refers to Aliann's regular flow of breath.

5

The speaker says: "I've always used the word, focus. I think she has a very, very intense focus." Joe, Aliann's trainer, therefore believes that her strength is her ability to concentrate on an aim.

6

The speaker says: "He says the thing about the 400 is that it's an endurance sprint, so training is about finding the right balance between speed and strength, but Pompey's getting a little trigger happy right now." Joe says that for the 400m, it is therefore essential to be both fast and strong.

7

The interviewer says: "As she walks around her office, she swaps hellos with some of her students, all of whom she knows by name. Some of these kids, like Anthony Bailey, know that she's an Olympic sprinter."

Anthony Bailey: "Ms. Pompey - she be - she's a little shock demon on the low and then when she go on the field, beating everybody that comes her way, I'm like, oh, God, I ain't messing with her. She going to run me over like a bulldozer."

The interviewer: "But others, like Alexander Candio, aren't so sure."

Alexander Candio: "I honestly don't believe that she can run. I want to see her run. I want her to prove to me that she can run."

The teenagers Aliann works with are therefore not all aware of how athletic she is.

8

The speaker says: "With so much going on, I asked her if she ever has time to just chill."

Pompey: "I'm scheduled for fun in September of 2012. I'm going to have all the fun in the world, let me tell you." Aliann therefore says that she is looking forward to enjoying herself later that year.