

You are going to listen to an interview with nutritionist Sarah Schenker about different types of fats in food. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, match the beginnings of the sentences (1-8) with the sentence endings (A–J). There is one sentence ending that you should not use. Write your answers in the boxes provided on the answer sheet. The first one (0) has been done for you.

After the second listening, you will have 45 seconds to check your answers.



## Healthy and unhealthy fats

0	The show's guest ____.
1	This week's programme ____.
2	Unhealthy and healthy fats ____.
3	People using too much healthy oil in their food ____.
4	If you are not on a diet you can ____.
5	There is one harmful type of fat you should ____.
6	If you want to know a product's trans fat content, ____.
7	The wrong kind of fat may ____.
8	The way ingredients are listed on products ____.

A	use larger quantities of olive oil
B	count the same with regards to weight
C	try not to eat
<del>D</del>	is talking about a diet programme
E	read the label
F	risk putting on weight
G	is not straightforward
H	influence the taste of food
I	is on fats
J	bring on illnesses

## Healthy and unhealthy fats

0	1	2	3
D			
4	5	6	7
8			

*Von der Lehrperson auszufüllen*

richtig	falsch	richtig	falsch	richtig	falsch	richtig	falsch
		1		2		3	
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4		5		6		7	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8							
<input type="checkbox"/>	<input type="checkbox"/>						

\_\_\_\_\_ P.