Read the texts which describe different types of vegetable box delivery services, then choose the correct texts (A-E) for each question (1-6). You can use a text more than once. Write your answers in the boxes provided on the answer sheet. The first one (0) has been done for you.

# Vegetable box delivery

## A London: Farmaround

Mini Fruit and Vegetable Bag – £14.50

Delivery: Minimum order of £12.25 and delivery at £1.00.

Delivery to most of Greater London and also North Yorkshire.



Contents: Broccoli, leeks, carrots, potatoes, savoy cabbage, bananas, oranges, red apples, green apples.

Description: All organic produce, fresh and grown in UK but with some European items. Potatoes and apples were interesting varieties. Likes and dislikes system available to replace up to 3 items. Delivered in a single large protective sack, which stores easily and can be returned with the next order or recycled, with only carrots separately packaged.

Extras: Good selection of veg and fruit boxes as well as salad, juicing and Mediterranean options. A great selection of groceries is also available. Each week comes with a newsletter and recipes.

Alternatives: Growing Communities, Bumblebee

## B North West: Abel and Cole

### Medium Mixed Box – £15.95

Delivery: Free delivery with a minimum order value of £8.00. Broad delivery coverage to many areas of the North West, West Midlands and South East.

Contents: Leeks, potatoes, carrots, bananas, pears, apples, red pepper, squash, curly kale, cabbage.

Description: Safely delivered in a returnable cardboard box. Majority of produce is organic and much is from the UK – Abel and Cole work with a network of over 120 British farmers, bakers and producers. Bananas are fairtrade. Comes with newsletter and seasonal recipe idea.

Extras: many additional products can be added to your order, including meat and poultry, fish, dairy, bakery products, dried goods, drinks and household items. Alternatives: Northern Harvest, Mossley Organic

### C North East: Goosemoor Organics

2-5 kg Vegetable Box – £5.00

Delivery: Delivery to local areas free of charge on orders over £5.00, elsewhere in delivery area (most of Yorkshire) free of charge for orders over £15.00

Contents: Potatoes, carrots, cauliflower, chillies, large red pepper, cabbage, celery and tomatoes.

Description: All organic produce, with all but the pepper locally grown, delivered in a good, returnable cardboard box. No excess packaging, with only the farm's own delicious chillies separately wrapped but with useful explanation label as to suggested uses and strength. Extras: Goosemoor's weekly changing Pick of the Crop lists information on what seasonal fruit

and veg are available for purchase. Also offer over 2500 organic groceries. Alternatives: G&S Organics

#### D South West: Rod and Ben's

Large Vegetable Box – £15.00

Delivery: Exeter, Exmouth and Plymouth £1.00. Elsewhere by mail order at £4.99. Contents: Potatoes, onions, leeks, broccoli, runner beans, beetroot, carrots, mushrooms, chillies, herb salad, cherry tomatoes, chard.

Description: Delivered in good condition in a sealed cardboard box with many items individually packaged. Most of the produce is grown organically at the local Bickham Farm. Extras: Rod and Ben's have two flocks of black rock hens for eggs and 20 beehives for honey. A selection of fruit, cheese, olive oil and fruit juice available, as well as organic free range turkeys.

Alternatives: West Country Organics, Graig Farm

### E South East: The Ethical Food Company

#### The Local Treats Veg Box – £15.00

Delivery: Locally to Buckinghamshire £2.00, South and West London £3.00, by courier elsewhere £7.50. Weekly or fortnightly standing order and text reminder service. Contents: Potatoes, new potatoes, carrots, parsnip, leeks, sweetcorn, broad beans, squash, spinach, apples.

Description: Ideal for those aiming to lower their food miles, with most produce from within 40 miles. Delivered in a wooden crate, which protects food well and can be returned with the next order. Organic and non-organic produce packaged separately but all bags biodegradable.

Extras: Many fruit, veg and mixed boxes on offer, as well as interesting menu and recipe boxes. A wide selection of other food products and some grocery items.

Alternatives: Everybody Organic, We Love Local

#### Which vegetable box delivery service ...

charges approximately £5 for delivery to more distant areas?	0
helps producers in other countries to get a good price for their fruit?	1
has the strongest packaging?	2
does not deliver below a certain order value?	3
tightly closes their packaging material?	4
puts all things that were grown with chemicals in a different container?	5
packs their home-grown product individually?	6

