You work at a nursery school in Austria. You have just read the following post:

## Is your toddler a picky eater?

by Carolyn Anderson January 11

Is it just me or are all parents faced with this problem? We want our kids to have a healthy diet, but a toddler can make this task nearly impossible. My son Sam, who is  $2\frac{1}{2}$ , can definitely be a challenge. He ate so well as a baby, but all of a sudden he hates everything you try to feed him. I don't want to fight over food with him. How can I make mealtimes easier?



You have decided to comment on this blog post. In your blog comment you should:

- explain why toddlers might suddenly become picky eaters
- suggest how parents could prepare food to make it more attractive
- recommend what parents could do to avoid conflicts at the dinner table

Write around 250 words.

Notes (these will not be marked)			

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## **Blog comment**

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User name:	Finishing time:	
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